

Spiritual Pursuit: *Implanting the Word*

Romans 12:1-2

The practice of _____

Eastern meditation _____ the mind

Biblical meditation _____ the mind

What is Biblical Meditation?

To _____ our thoughts on God's thoughts
(Phil. 4:8)

What do we meditate on?

Meditate on _____ (Josh. 1:8; Ps. 1:1-3)

Meditate on God (Ps. 48:9; 107:43; Rom. 11:22; Ps. 77)

Meditate on _____ (Ps. 8:3; Pr. 6:6; Lk. 12)

Meditate on people (Gal. 3:6; Heb. 10:24; 13:7; Phil. 2:3)

Meditate on _____ (Ps. 119:59; Jer. 2:19)

Meditate on circumstances (Rom. 8:18; James 1:2)

The _____ of meditation

Meditate on the scripture from your _____

Meditate on the scripture from a _____

The discipline of meditation includes memorization
(Deuteronomy 6:6-7; Proverbs 4:20-21; Psalm 119:11)

_____ is the only way

Putting it to _____ helps